

Which is worse?	Poisons in nature	Potluck	Keep them safe	Choose wisely
<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>
<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>
<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>
<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>
<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>

Both are serious poisonings, but which of these *kills the most people* each year?

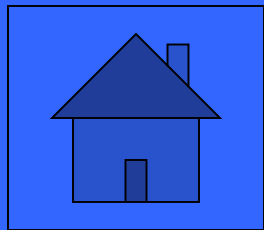
1. Rattlesnake bites
2. Alcohol



2: Alcohol

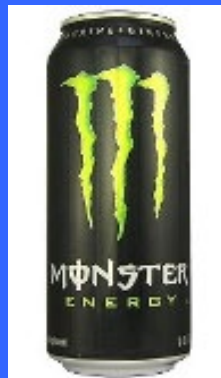


- Snakebite deaths = average of less than 6 per year.
- Alcohol deaths = average of 6 per day.



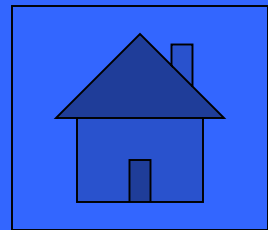
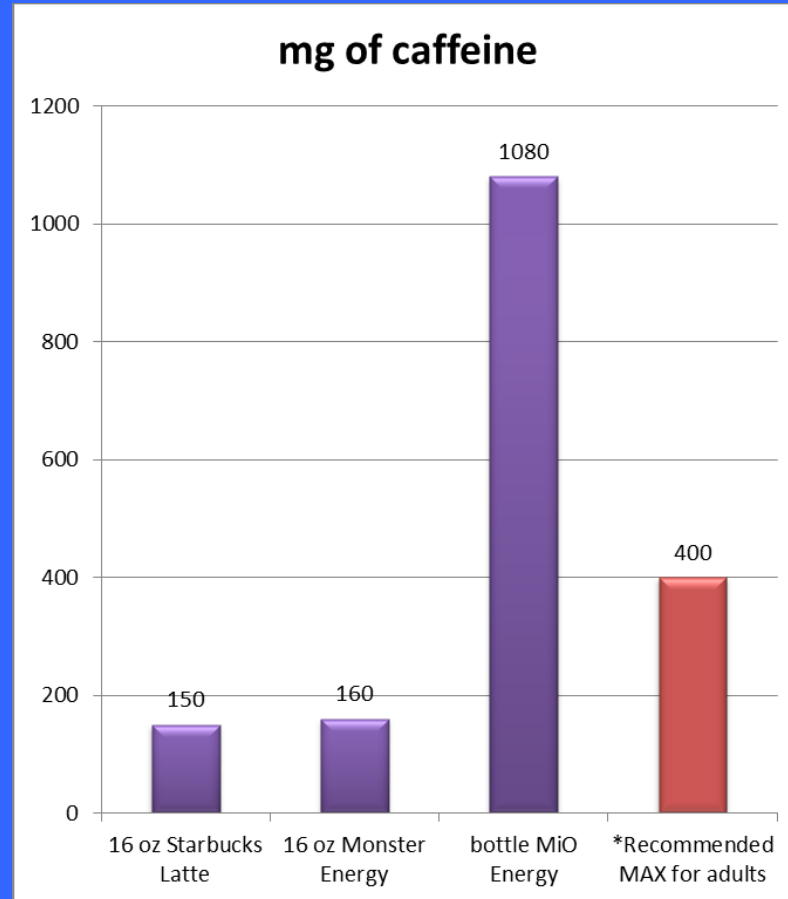
Which of these has the most caffeine?

- A. One 16 oz. Starbucks latte.
- B. One 16 oz. Monster energy drink.
- C. One bottle (1.62 oz.) MiO Energy mixed with water.





C. One bottle MiO Energy.



Which of the following could be dangerous to swallow?

- A. A spoonful of oil of wintergreen (an essential oil used to make soap, candles, etc.)
- B. A spoonful of bleach.



A: A spoonful of oil of wintergreen.



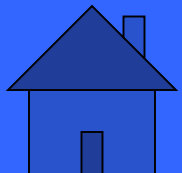
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Anthony is at his grandparents' house. He finds a bottle of Gatorade® brand sports drink in the pantry and takes a big swallow...it tastes terrible! His grandma was using the Gatorade bottle to store something else. Which of the following would be the most dangerous product for Anthony to accidentally drink?

- A. Liquid fabric softener
- B. Drain clog remover
- C. 5% Acetic acid

B. Drain clog remover



Which is worse?

- A. Drinking an entire 20 ounce bottle of soy sauce.
- B. Swallowing a silica gel desiccant packet.



A. Drinking an entire bottle of soy sauce.

UVA police investigate soy sauce hazing

by REBECCA RUBIN - CAVALIER DAILY on MARCH 18, 2011

The University of Virginia Police Department received search warrants Tuesday for e-mail and Home Directory contents for fraternity brothers and a first-year pledge as part of the continued investigation into Zeta Psi fraternity following the pledge's hospitalization March 1.



The pledge was treated at Martha Jefferson Hospital for an electrolyte imbalance because of the high sodium content of a bottle of soy sauce he consumed at the fraternity house. He later was transported to the intensive care ward at the University Medical Center, and spent a total of four days in the hospital before being released.

Police are investigating whether the incident constitutes hazing. Police searched a brother's e-mail account and located an e-mail exchange between his account and the e-mail listserv account provided by the University to the fraternity, according to the search warrant affidavit. One e-mail sent by the brother Jan. 31 stated: "I know have never been particularly involved in rush/hazing overall process in my time," according to the affidavit.

In the affidavit, police also reported discovering an e-mail exchange between the pledge and several brothers titled "Operation Penelope" that stated: "we will attempt the unthinkable: hog tie ... (name removed) ... and place him in The Office." The meaning of this statement is unclear.

Done

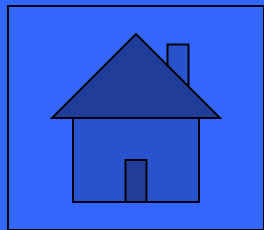
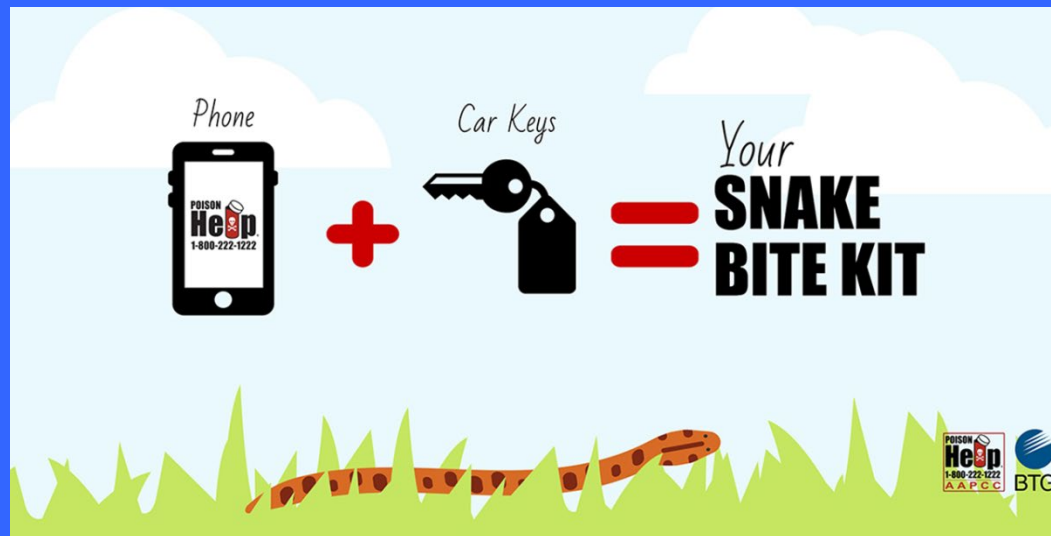




What should you do if a venomous copperhead snake bites you?

- A. Stay calm and go to the nearest hospital.
- B. Wrap something tight above the bite to keep the venom from spreading.
- C. Call your lawyer to make sure your will is up to date.
- D. Cut the bite wound open and suck out the venom.

A. Stay calm and go to the nearest hospital.



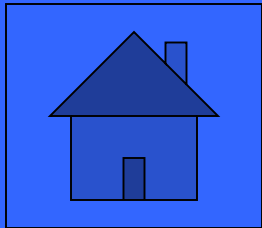


True or False?

Only the female black widow spider is dangerous to people.



True.



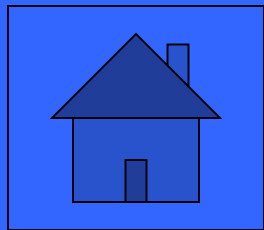
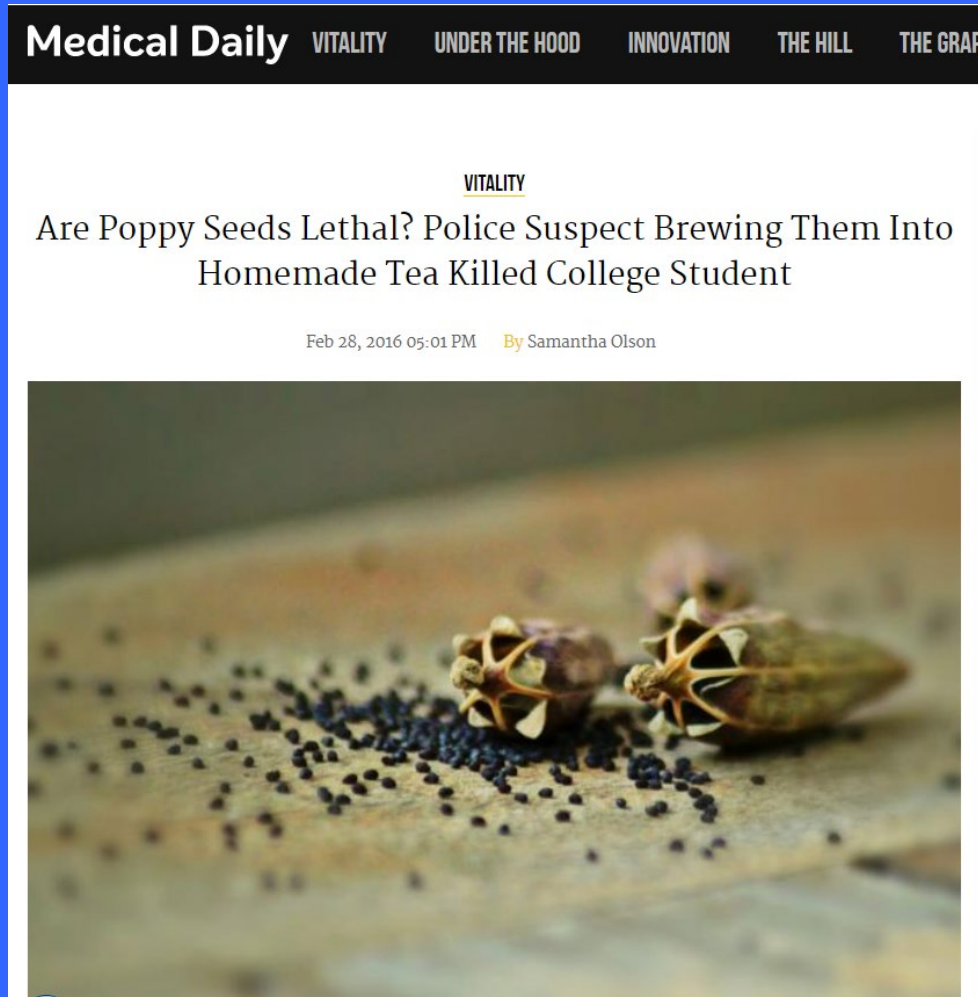
You injured your knee running. One day you see an ad for an herbal product that claims to reduce pain “naturally.”

The ad says “it’s not a drug; it’s made from a plant found in the rain forest,” and therefore cannot harm you. Is this true—things that are ‘natural’ cannot harm you?

YES or NO?



No. 'Natural' does NOT mean 'safe'.



While swimming in the ocean you are stung on the foot by a jellyfish. It really hurts!
Which of the following will help relieve the pain?

- A. Apply vinegar to your foot.
- B. Drink vinegar.
- C. Apply bleach to your foot.
- D. Have someone urinate on your foot.

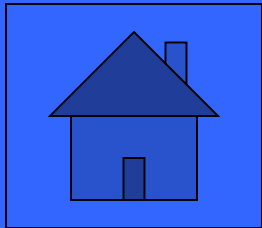




A: Apply vinegar to your foot.

Don't believe what you see on TV.

[photo: Warner Bros Studio]



Which of the following are most likely to be bitten by a snake?

- A. 85 year old senior adults, because they can't move fast enough to get out of the way.
- B. 3 year old children, because they are closer to the ground.
- C. Men.
- D. Math teachers.



C: Men



Just leave me alone.
I don't want to bite you!

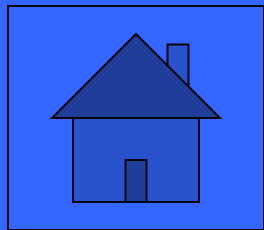


Which of the following has been linked to teen marijuana use?

- A. Acne
- B. Depression and suicide
- C. Tooth decay
- D. Brain cancer



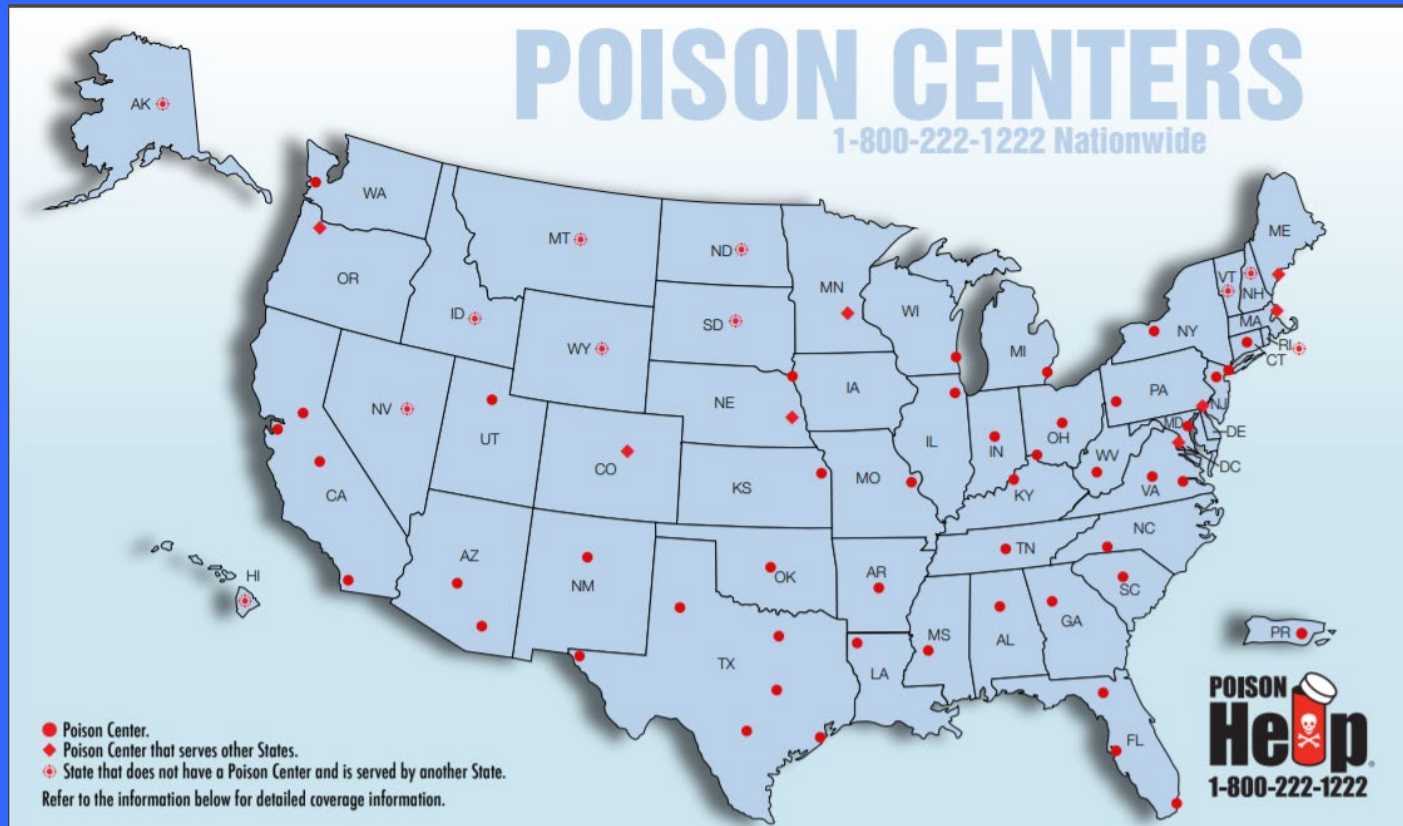
B: Depression and suicide



You are on vacation in California and need to call poison control. What should you do?

- A. Call information to get the correct number for the California Poison Center, otherwise there may be an additional charge.
- B. Call the Virginia number you have stored in your phone.

B: Call the Virginia number. It's the same.



Many poison centers—but only one number.

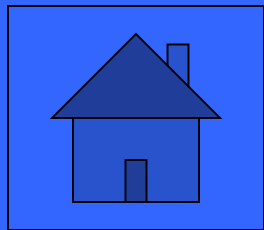
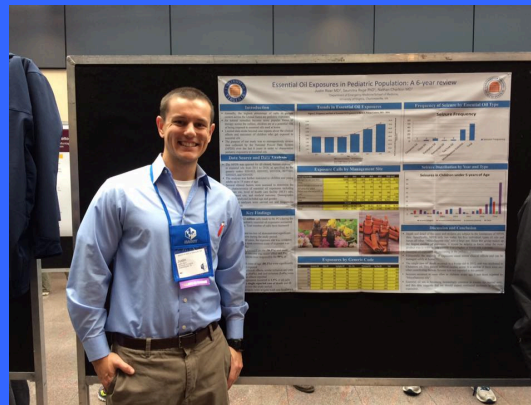


Who answers the phone when you call the poison center at 1-800-222-1222?

- A. Nurses and doctors with special training in treating poisonings.
- B. A secretary who will take a message and have an expert call you back.
- C. The 9-1-1 operator.



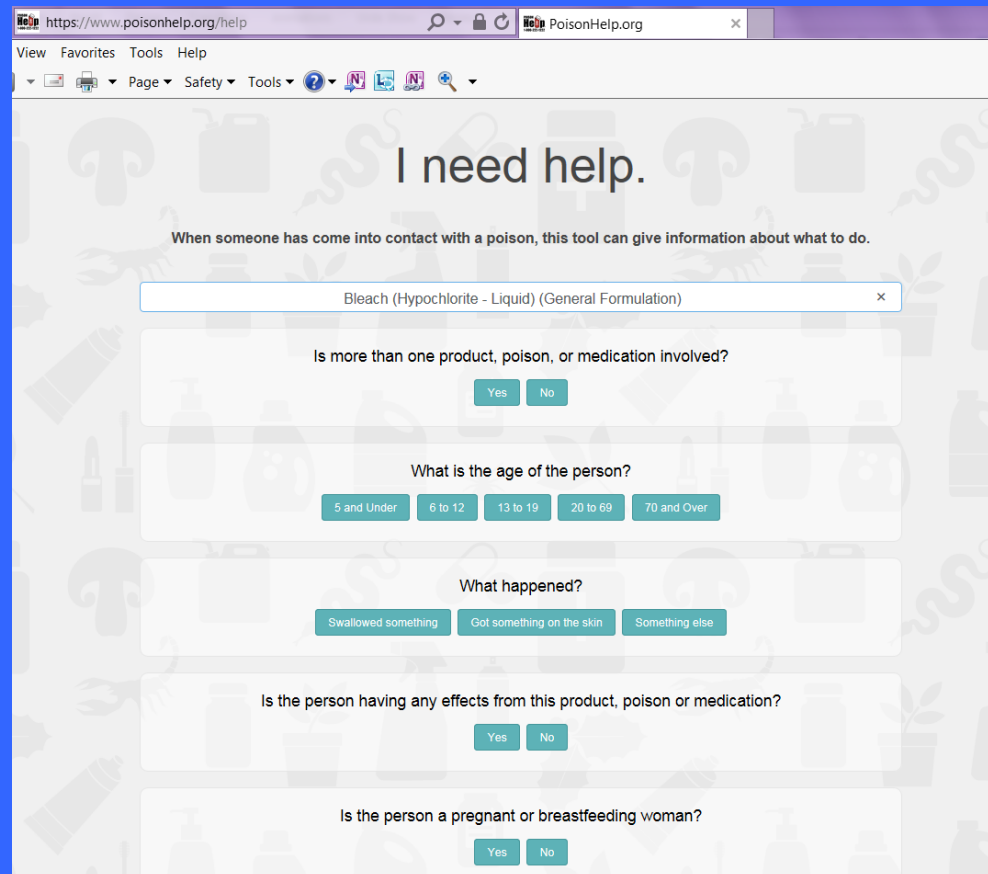
A: Nurses and doctors with special training in treating poisonings.



True or False?

The only way to get help from the poison center is by calling them on the phone.

False. Visit www.poisonhelp.org.



The screenshot shows a web browser window with the URL <https://www.poisonhelp.org/help>. The page has a light blue background with faint icons of various household items. The main heading is "I need help." followed by a subtext: "When someone has come into contact with a poison, this tool can give information about what to do." Below this is a search bar containing the text "Bleach (Hypochlorite - Liquid) (General Formulation)". The form consists of several sections with questions and buttons:

- Question: "Is more than one product, poison, or medication involved?"
Buttons: "Yes", "No"
- Question: "What is the age of the person?"
Buttons: "5 and Under", "6 to 12", "13 to 19", "20 to 69", "70 and Over"
- Question: "What happened?"
Buttons: "Swallowed something", "Got something on the skin", "Something else"
- Question: "Is the person having any effects from this product, poison or medication?"
Buttons: "Yes", "No"
- Question: "Is the person a pregnant or breastfeeding woman?"
Buttons: "Yes", "No"



Miguel injured his shoulder playing football. The doctor prescribed an opioid pain medicine with these instructions: “Take one pill every 8 hours.” Miguel took his first dose, but 4 hours later the pain is much worse. What should he do?

- A. Contact the doctor.
- B. Nothing. It’s only been 4 hours.
- C. Take another pill right away, because one probably wasn’t enough.



A. Contact the doctor. *More is not better.*

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PRESCRIPTION DRUGS

Ledger's death caused by accidental overdose

February 06, 2008

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Heath Ledger died from an accidental overdose of prescription medications including painkillers, anti-anxiety drugs and sleeping pills, the New York City medical examiner's office said Wednesday.

"Mr. Heath Ledger died as the result of acute intoxication by the combined effects of oxycodone, hydrocodone, diazepam, temazepam, alprazolam, and doxylamine," the office said in a short statement.

"We have concluded that the manner of death is accident, resulting from the abuse of prescription medications."

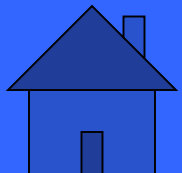
Hydrocodone and oxycodone are painkillers. Diazepam is an anti-anxiety drug commonly sold under the brand name Valium; alprazolam is also an anti-anxiety drug sold under such names as Xanax. Temazepam, sold under such names as Restoril and Fulynonos, is a sleeping agent. Doxylamine, an antihistamine, can be obtained over the counter.



ACTOR LEDGER

Actor Heath Ledger, 28, died January 22 at an apartment in Lower Manhattan.

Internet

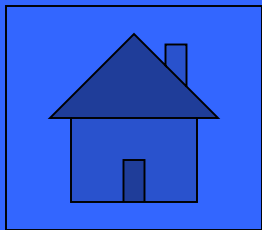


Which of these is the best way to prevent young children from getting into harmful products?

- A. Tell children they are not allowed to handle bottles stored under the sink.
- B. Keep all products stored out of their sight and reach.
- C. Mark all harmful products with a big red “X.”



B: Keep all products stored out of their sight and reach.



You are at the playground babysitting a 5 year old. He spots a wild mushroom under a tree, and bends down to pick it. You try to take it from him but he's too fast—he eats it!

Should you try to make him throw up? *Yes or No?*

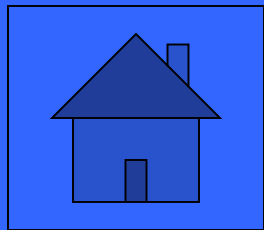




No. Do not try to make someone throw up.



1-800-222-1222



Which of the following could be life-threatening for a small child?

- A. Eating 3 poinsettia leaves.
- B. Swallowing a teaspoon of e-juice.



B. One teaspoon of e-juice.



Kisha is a toddler. Grandma comes to visit and brings these items with her. Which one could present a risk of poisoning to Kisha if she put it in her mouth?

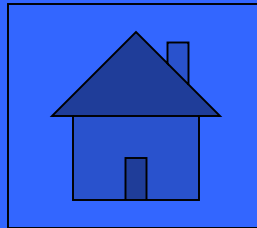


- A. Hearing aids.
- B. Gold bracelet.
- C. Stuffed animal from a thrift shop.

A: Hearing aids -- the batteries inside are dangerous!

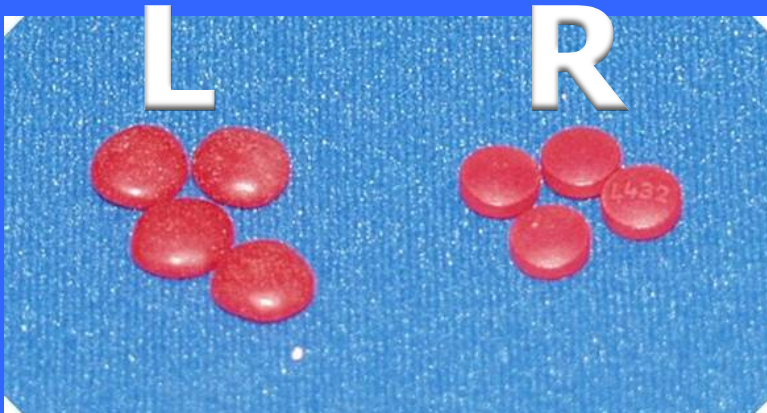


Courtesy: Illinois Poison Center



In the 2 pictures below, pills and candies that look alike are shown side by side.

In each image, are the pills on the *left* (L) or the *right* (R)?





The pills are on the right (R).



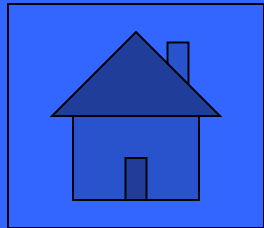
Candy

Pills



Candy

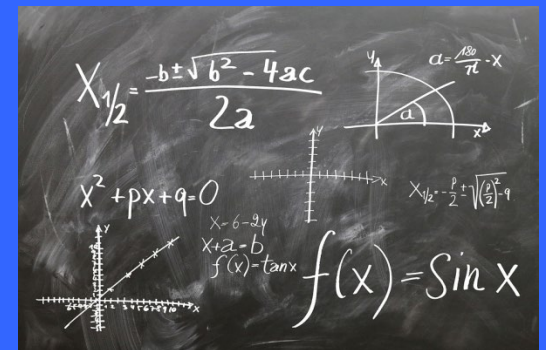
Pills



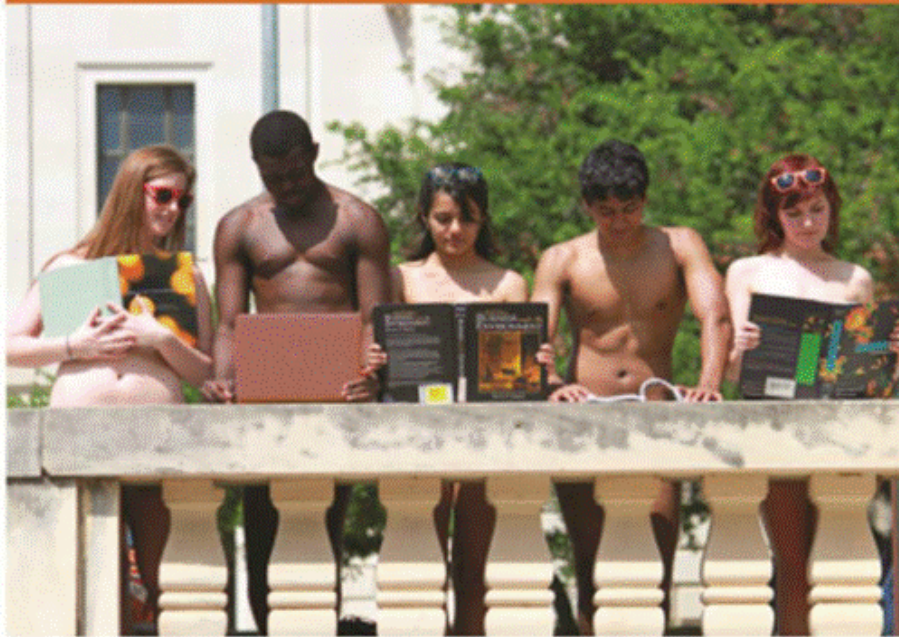
You have been diagnosed with Attention Deficit Disorder (ADD) and take prescription medicine to help you focus.

Your friend Abby asks if she can have some of your medicine to help her stay up late and concentrate on studying for an algebra test. She says that since a doctor prescribed the pills, they must be safe.

Yes or No—is it true that Abby can safely take your medicine?



UT students study 'au naturel'



The majority of UT students don't misuse prescription medicines like Adderall or Ritalin to help them study. "Study drugs" are habit-forming and can have serious side effects like paranoia, increased blood pressure and heart rate, loss of appetite, and nervousness. So, keep it 'au naturel', horns.

healthyhorns use their brains

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No.
Sharing pills is
dangerous. It is
also illegal.

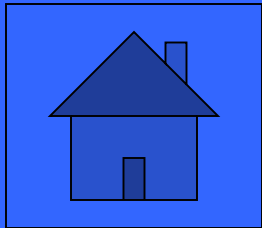


True or False?

E-cigarettes and vapes produce nothing more than harmless water vapor with flavoring.



False

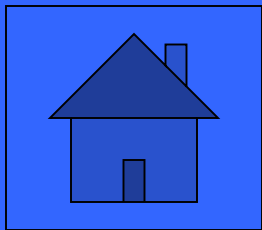


Which of the following are common side effects from synthetic drugs like ‘bath salts’ ‘K2,’ or ‘Spice?’

- A. Panic attack.
- B. Depression and a strong urge to kill oneself.
- C. Frightening hallucinations.
- D. All of the above.



D. All of the above.



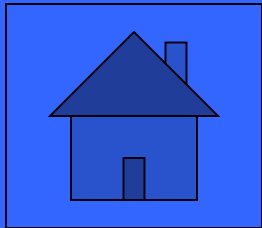
True or False?

One mango flavored JUUL cartridge (“Juul pod”) contains the same amount of nicotine as an entire pack of cigarettes.





TRUE



How can you be certain that the designer drug *molly* you just purchased at a concert is safe?



- A. Because you know and trust the seller.
- B. Because *molly* is pure MDMA (also known as ecstasy). Therefore it produces a 'clean high.'
- C. Because you purchased it before and had no problems.
- D. This is not possible.



C: This is not possible.

When you use any pill or substance purchased illicitly, you have NO IDEA what you are really getting.

