# 2019 Annual Poison Center Story

SANFORD USD MEDICAL CENTER





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### SANFORD POISON CENTER

The Sanford Poison Center is designated by the South Dakota Department of Health to provide emergency poison management and poison prevention information to the citizens of South Dakota. Staff provide poison prevention education and materials to the public through participation in health fairs, safety camps, conferences, symposiums and mail distribution. Learn more at sdpoison.org.



Emergericy Poison Management is provided to the public as well as health care professionals when they call (800) 222-1222. Calls are accepted 24 hours a day, 365 days a year at no cost. Funding for the Sanford Poison Center is provided by Sanford USD Medical Center, in addition to funding support received from the South Dakota Department of Health, and from federal funds as a result of the Poison Control Center Awareness and Enhancement Act passed in 2000. Someone calls poison control every 12 seconds. Poison centers save tax payers \$1.8 billion every year in medical costs and lost productivity.

# SD residents called for help 7335 times in 2019.





#### **EXPOSURE CALLS**

In 2019 we had 7003 or 95% exposure calls. In 2018 we had 6871 or 95% exposure calls. Confirmed non-exposure calls 15.

# TOTAL CALLS BY TYPE

The majority of calls deal with an actual exposure to a potentially harmful substance.

The Sanford Poison Center staff educates and provides resources designed to help people prevent poisonings.

**66%** of our 2019 calls came from non-health care facilities.

87%
2,576 CALLS
CHILDREN 5 & UNDER
MANAGED FROM HOME



### AGE OF INDIVIDUALS INVOLVED IN EXPOSURE CALLS



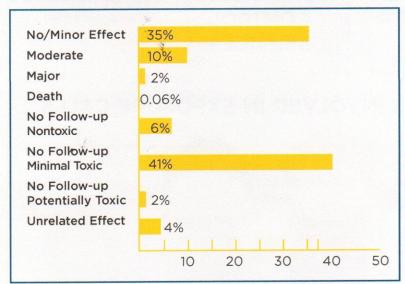
### **EXPOSURE CIRCUMSTANCES**

The majority (67 percent) of exposures are unintentional. Of these, most fall into the "general" category, which is characterized by the classic childhood exposure associated with normal curiosity. Therapeutic errors (11 percent) are the second most common cause of unintentional exposures. They usually involve inadvertent misuse of a medication.

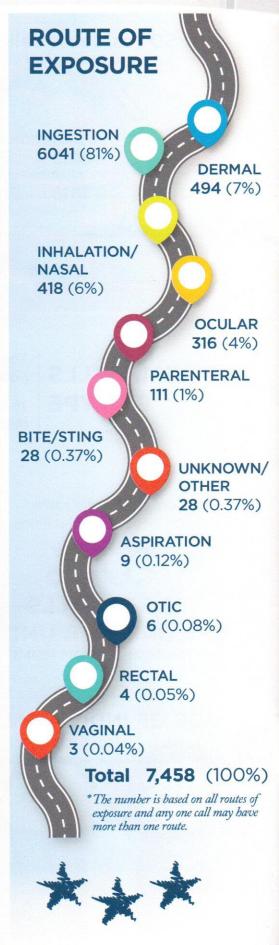
Intentional exposures account for 30 percent of the total. The majority of those are patients trying to harm themselves. Most of the serious outcomes and deaths arise from this group.

| 2957 | 42%  |
|------|--|
| 176  | 3%   |
| 187  | 3%   |
| 757  | 11%  |
| 557  | 8%   |
| 28   | 0.40%  |
| 37   | 0.53%  |
| 11   | 0.16%  |
|      |  |
| 1482 | 21%  |
| 209  | 3%   |
| 257  | 4%   |
| 145  | 2%   |
|      |  |
| 90   | 1%   |
| 10   | 0.14%  |
| 14   | 0.20%  |
| 24   | 0.34%  |
| 27   | 0.38%  |
| 1    | 0.01%  |
| 49   | 0.70%  |
|      | 176<br>187<br>757<br>557<br>28<br>37<br>11<br>1482<br>209<br>257<br>145<br>90<br>10<br>14<br>24<br>27<br>1 |

## MEDICAL EXPOSURE OUTCOME



The medical outcome is a true measure of the effectiveness of the poison control system.



### TOP SUBSTANCES INVOLVED

In SD the substances most typically involved in poison exposures were: Analgesics (over the counter and prescription); Antidepressants; Sedative/hypnotics/antipsychotics; Cleaning Substances (household); Alcohols; Cosmetics/personal care products; Antihistamines; Cardiovascular; Anti-convulsants; Pesticides.

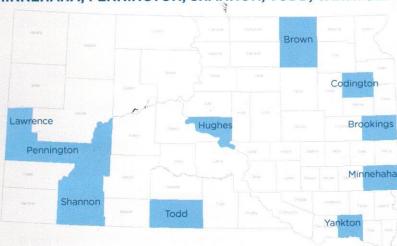
Why are kids at risk for these exposures? Many times substances are not stored properly; they may be left out on the kitchen counter top or night stand or left in an open purse. Children imitate adults so if they observe parents or grandparents taking medicine they will try it if the medicine is within reach. Young children do not associate bottle shape with content and they don't read so when they look at a bottle of Windex they may think it is the same as a bottle of juice. Children are curious and they will put substances in their mouth.

| 2019                              | Exposed | SD% |
|-----------------------------------|---------|-----|
| Analgesics                        | 1,170   | 12% |
| Antidepressants                   | 757     | 8%  |
| Sedative/hypnotics/antipsychotics | 555     | 6%  |
| Cleaning Substances (household)   | 537     | 6%  |
| Alcohols                          | 535     | 6%  |
| Cosmetics/personal care products  | 491     | 5%  |
| Antihistamines                    | 458     | 5%  |
| Cardiovascular                    | 421     | 4%  |
| Anticonvulsants                   | 287     | 3%  |
| Pesticides                        | 247     | 3%  |

# **TOP TEN**

#### **COUNTIES BY TOTAL NUMBER OF CALLS**

BROOKINGS, BROWN, CODINGTON, HUGHES, LAWRENCE, MINNEHAHA, PENNINGTON, SHANNON, TODD, YANKTON



SDPOISON.ORG

EXPOSURE MANAGEMENT SITE



MANAGED IN HEALTH CARE FACILITY

42 2,911



MANAGED ON SITE/ NON-HEALTH CARE FACILITY

57% 4,016

UNKNOWN/OTHER

**1**% **9**1

For further information please contact Sanford Poison Prevention Education/Resources (605) 328-6670.



The Sanford poison center utilizes numerous volunteers in communities across the state to help with poison prevention and education at the local level.

The Sanford Poison Center contracts with the Hennepin Regional Poison Center (HRPC) to handle all calls related to poisons.



All AAPCC poison center members upload data to NPDS every 8 minutes providing a near realtime snapshot of poison call conditions nationwide.



Physicians board certified in toxicology, mycology, herpetology and pharmacology provide their expertise on a volunteer basis to the Poison Information Specialists; their assistance is gratefully acknowledged.

# 2019 TOXIC EXPOSURE BY HOUR OF THE DAY





Pharmacists certified as Specialists in Poison Information by the American Association of Poison Control Centers (AAPCC) staff the HRPC 24/7. They supervise and are assisted by Poison Information Providers who answer calls of a less critical nature. The HRPC has met stringent criteria set forth by the AAPCC, earning the designation of Certified Regional Poison Center.



The Sanford
Poison Center
website SDPOISON.org
provides information
and educational items.

#### SANFORD POISON PREVENTION

# COLORING CONTEST

Twenty-seven schools participated 30 classrooms & 600 students submitted art work.

#### **Twenty Winning Pictures**

- 1. Langford Area Elementary School
- 2. Laura Wilder
- 3. Burke Elementary School
- 4. C.C. Lee Elementary School
- 5. Canistota Elementary
- 6. Yankton Elementary
- 7. Flandreau Elementary
- 8. JFK Elementary
- 9. Calvary Christian
- 10. St. Martin's Watertown
- 11. Cheyenne Eagle Butte Primary
- 12. Dell Rapids Elementary
- 13. Beresford Elementary
- 14. Colome Elementary
- 15. Fred Assam
- 16. Beresford Elementary
- 17. Corsica Elementary
- 18. Zion Lutheran
- 19. Beadle (Yankton)
- 20. Wagner Community

#### Winner of pizza party: **▼** Sacred Heart Elementary













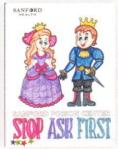








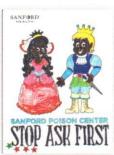


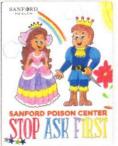


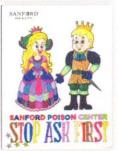


















Sanford Health USD Medical Center 1305 W 18th Street PO Box 5039 Sioux Falls, SD 57117

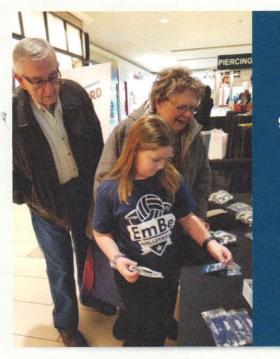
#### Sanford Poison Center

#### For Educational Resources

(605) 328-6670 FAX: (605) 328-6671 sdpoison.org

1305 W. 18th Street, Route 5679 Sioux Falls, SD 57117-5039





# SDPOISON.ORG

The Sanford Poison
Education Booth had
great attendance during
the Turner County Fair.
Our focus was getting
people to program the
(800) 222-1222 poison
help number in to their
phones and to store
medicine properly.

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